

Sermon-based Growth Group Questions
“A Heart of Peace”
Matthew 6:25-34
March 17, 2024

Introductory Discussion: What from the sermon did you find most helpful, or eye-opening, or challenging?

1. How much do you struggle with the “unceasing uncertainty of life”?
2. Who or what are the two masters (verse 24) suggested by verse 25?
3. How does worry divide a person?
 - a. How does that division keep us from focusing on what He wants us to do?
4. How is concern different from worry?
5. How is worrying really about you taking control?
 - a. How does it show a lack of faith or misplaced faith?
 - b. What do you have trouble letting go of?
6. In verse 27 Jesus says, “Can any of you add one moment to his lifespan by worrying?” What do we think we’re accomplishing by worrying?
7. How can we know that His promise to take care of us is true?
8. If we know that He will take care of our needs, what should we focus our lives on (verse 33).
9. “Righteousness is seeking God’s will in every area of our lives.” How do we do that?

10. Read verse 32. How can you use this passage and what you know about God to overcome worry?

- a. How can being thankful about what God has done for you help you overcome worry?