

MOUNTAINS, VALLEYS and CAVES

sermon series

Sunday, February 27, 2022

“Everyone has feet of clay.” The saying is an idiom. We don’t take the saying literally, but it means everyone has weaknesses. The “feet of clay” idiom comes from a dream of the king of the world at the time, Nebuchadnezzar of Babylon, in Daniel 2:32-33: “The head of this image was of fine gold, its chest and arms of silver, its middle and thighs of bronze, its legs of iron, its feet partly of iron and partly of clay.” That king’s “feet of clay” were exposed by his pride which resulted in foolish and ungodly decisions that finally led to a mental illness in Daniel 4.

We’ve seen “feet of clay” in our Old Testament study as the three greatest figures of the Old Testament, Abraham, Moses, and David all had problems. Elijah, after one of the most spectacular victories in the Bible, folds like a cheap tent when threatened by the wicked Queen Cruella de Vil (a.k.a. Jezebel). After the victory on Mount Carmel, it seems inconceivable that this abrupt reversal could happen. He was on top of the mountain and fell into the valley of despair. Part of Elijah’s problem is identified in 1 Kings 19:3—because he was alone. The verse concludes with “...and he left his servant there.” He had nobody to help him. In contrast, Paul recognized his need for others while he was imprisoned. Elijah didn’t write Psalm 88, but it sounds like he could have. We can all end up as “cave” men or women in the pit of despair. Sometimes our depression is genetic—we come from families prone to it. Often our problem is circumstantial, and depression is a realistic conclusion that things can end in a bad place. Like walking through the valley of the shadow of death, we just don’t want to get stuck here. Wilderness, valleys and caves are part of life. Read all of 1 Kings 19, but also read chapter 21. Elijah recovers. In 2 Kings 1-2, his successor, Elisha, is named. He embodies hope.



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APPLICATION:

Our theme this week is about dwelling in the cave of **depression**. How are you doing with this topic? How are you seeking help? Don't go it alone—others can and want to help. We need to be reminded that depression is normal and sometimes, appropriate. We don't just skip through times of significant loss. We can use our weakness to depend on the Lord. Furthermore, our wounds make us sensitive to help others who stand in need. Who do you need to reach out to for help? Who are you helping?



MESSAGE

1 Kings 19:9-18

Senior Pastor
Tom Harrison

SCRIPTURE READINGS:

JESUS ON THE MOUNT OF TEMPTATION

FEB. 26

Matthew 4:1-11

MARCH 1

James 4:1-12

MARCH 2

Matthew 4:1-11

JESUS ON THE MOUNT OF BEATITUDES

MARCH 3

Matthew 5:1-12

MARCH 4

Matthew 6:1-18

MARCH 5

Matthew 6:19-34

WAYS TO GIVE:



Electronic Giving
myasburytulsa.org

Online Bill Pay
Name and address
on the check



Mobile:
Text the word
"asburygive"
to 73256



Cash or Check:
Offering box
or any time in
the main office or
the South Guest
Services Desk.

SUNDAY MORNING



ASBURY Kids

9:30 & 11 am



ASBURY STUDENTS

9:30 am

Asbury Students Center



Discipleship Communities

8, 9:30 & 11 am

Check asburytulsa.org/communities for full listing

EVENTS Next Steps

NEWCOMER MEAL

with Senior Pastor Tom Harrison

TODAY | 5 pm

An introduction to our mission, sacraments and membership vows.

Register at asburytulsa.org/newcomermeal



A Special All-Church Meeting 5:30 pm, Sunday, March 6, Sanctuary

Asbury will hold a special all-church meeting to discuss our future. Child care will be provided for children in 5th grade and below. Our governance committee leaders and Pastor Tom will share important information. We strongly encourage you to attend.



UNITED IN PRAYER

- 6 pm, TONIGHT, Mason Chapel
- Join us as we focus our prayers on divine healing for one another.



ASBURY STUDENTS

SPRING BREAK MISSIONS

STILL NEED

2022 GOAL: \$26,242

We need your support!

Each year Asbury Students sends hundreds of students and leaders across the U.S. on Spring Break Missions.

A few ways to give:

- White envelopes are in the pews. Please place your donation in the envelope and place in the offering box on Sunday mornings.
- Go to myasburytulsa.org and select **youth missions stock**
- Text ASBURYGIVE SBM to 73256 using your text messaging. Standard text messaging rates may apply.
- Write a check and in the memo line, please put **“youth missions stock”** and place your donation in the offering box on Sunday morning, main office during the week or mail to:

Asbury
6767 S. Mingo Road, Tulsa, OK 74133



ASBURY STUDENTS
SPRING BREAK MISSIONS

PRAYER WATCH

Your prayers are essential.

Sign up today for the hour of your choosing. asburytulsa.org/prayerwatch



MONTERREY, MEXICO MISSION TRIP

March 26 - April 2

Please contact team leader David Meilner at 918.230.2200 or david356@cox.net, or Marilene Long, mlong@asburytulsa.org by February 25.

PANCAKE TUESDAY, 60th ANNIVERSARY & ASH WEDNESDAY



PANCAKE TUESDAY & 60th ANNIVERSARY

Tuesday, March 1

5 pm - 6:30 pm

CLC & Main Foyer

ASH WEDNESDAY SERVICES

Wednesday, March 2

7 am - Chapel

6 pm - Sanctuary



ASBURY WOMEN'S SPRING GATHERING



OLYMPIC LEGEND

MADELINE MANNING-MIMS

FREE EVENT

Friday, March 25 | 6:30 pm

asburytulsa.org/women2022

LIFECARE MINISTRY

Whatever your family is experiencing - grief, depression, divorce or addiction - we understand everyone has valleys and caves in life. Asbury offers numerous support services and support groups to help you find healing, or a place to serve others.

Visit: asburytulsa.org/lifecare



If you are looking for a support group, pick up a LifeCare brochure in the Resource Area.

CONNECT CAMP 2022

For 4th and 5th graders and their parent/adult

APRIL 1-2, 2022

Register at asburytulsa.org/connectcamp by March 13