

**20/20 Embracing a New Vision**  
**Embracing a New Vision for Worry- Week #5**  
**Small Group Notes**  
**May 14 and 17**

**Main Point:** Will we pass the worry test in our lives?

**Introduction:**

In the sermon, Pastor Brady mentioned about how we worry about the “what if’s” in our lives. Name three things that you worry about today. What justifications do we make to worry about these things?

What has been a time that you worried about something and realized afterwards that you didn’t need to?

**Discuss:**

1. See worry for what it is, Matthew 6:24-27

- See worry as a treasure test
- See worry as practical atheism
- See worry as totally unhelpful

Explain: Jesus’ point in verse 25 could be translated as “stop worrying.” Then in verse 26, Jesus came to the first of two illustrations, supporting His main theme in verse 25. Jesus was not advocating waiting lazily for God’s provision, but avoiding anxiety as we take responsibility for obtaining it. Then in verse 27, it moves away from the specific example of food to the broader picture of anxiety in general, showing its utter futility.

**How can our treasures (jobs, hobbies, possessions) become things that we worry about? Is there a time that you put your treasures aside to seek the Lord? What impact did it make?**

**When we worry, what are we saying about our view of God and our relationship with Him?**

**Has there been a time that you thought waiting on God meant it was ok to worry? What eventually helped you overcome that worry?**

2. A new vision on worry, Matthew 6:28-34

- A person of vision realizes our Father already knows what we need
- A person of vision re-labels each worry “tomorrow”!
- A person of vision lets worry trigger a kingdom concern

Explain: Faith calls for trust in a loving and personal God at work in the world. Worry shows a lack of trust. Jesus' clear teaching for believers is to trust God above all. Christians never have to worry about whether God knows or cares about their needs. Instead of worrying, believers can seek the kingdom of God and trust Him. We can focus on living out His mission. If His will is our priority, we will be less concerned about material matters and more committed to eternal relationships.

**Is it practical to depend on God for vital necessities like food and clothing? What is the opposite of depending on God for even the smallest things? How can that impact us?**

**Practically speaking, what does it mean to “seek first the kingdom of God and His righteousness”? Is there an example where you chose God's way over your own way?**

**What are examples in Scripture that you can think of someone that chose their own way versus God's way? How did it work out? What does that teach you?**

**Do:**

Read Philippians 4:6-7. Share about a time in the last few weeks that you felt overwhelmed with worry. What did you do to overcome?

Who is someone that needs to hear “seek God first” today in their lives? How can you share it with them?

Read 1 Peter 5:6-7. What does God call us to do with our anxieties?