

**Foolproof
Breaking Down the Talk- Week #4
Small Group Notes
January 21 and 24, 2021**

Introduction:

Growing up, who were the people that taught you about sex? How helpful and influential were they?

What are some things that you have had to “unlearn” about sex? What are some things from today’s sermon that have helped you learn about sex in God’s eyes?

Why do you think the church is uneasy or confident when it comes to discussing sex? What can help?

Discuss:

1. Wisdom listens to the right voice.

- Read Proverbs 5:1; James 1:19

Explain: Solomon knew that his instruction would do best when it was given **attention** and **ear**. Teachers must do what they can to gain and hold the attention of their learners, the same is true with us in reading God’s Word. Furthermore, Solomon wanted his son to hold on to **discretion** and to **keep knowledge**. The idea is that the son started in these things, but must face the challenge of remaining in them throughout life.

Ask:

What are the voices that we often listen to regarding sex? Why do they gain our attention the most?

Why do we often disregard God’s Word regarding sex? What’s the impact of this?

2. Wisdom sees the hook in the lure of lust.

- Read Proverbs 5:3-5; 9-14; 22-23
- The temptation to live outside of God’s boundaries for sex always looks better than it really is.
- Lust appeals to our sexuality, yet it does not satisfy us.
- Sexual temptation offers an illusion of satisfaction but delivers a life of slavery.
- Sexual sins affect us physically, spiritually, financially, and emotionally.

Explain: The figures of **lips** and the **mouth** refer to the words an immoral woman may use in her enticements *and* to her alluring kisses. However, soon the sweetness in the allure of the immoral woman becomes **bitter**, and her smooth, oil-like pleasantness becomes **sharp as a two-edged sword**. Solomon didn't advise his son to stay in the immoral woman's presence and test his ability to resist her seductions. The best defense was distance, to not even **go near the door of her house**. Therefore, sexual sin—especially the violation of the marriage covenant—is a sin that entraps and destroys.

Ask:

Read this saying, “sometimes the reason the grass is greener on the other side is because it’s on top of a sewer pump.” How does this statement illustrate that desire to sometimes look for sexual satisfaction outside of God’s design?

How have you seen the appeal of sin be a first step towards destruction? What does fleeing from sexual sin look like?

3. Wisdom moves the line.

- Read Proverbs 5:7-8; Matthew 5:27-28

Explain: The tone that Solomon is using is one of a begging appeal to hear his words. Then we see the appeal to not even go close to where sin resides. Jesus spoke to the heart in Matthew 5 in that sexual sin was not just about adultery as an action, but it was a motivation and desire. As mentioned, moving the line is similar to moving the target and making it fit within our lifestyle instead of changing ours to God's plan.

Ask:

When are the times that we feel necessary to move the line? What are ways that people justify sexual sin as a way of moving the line?

What are ways that you can protect yourself from moving the line?

4. Wisdom knows God isn't limiting pleasure but increasing it.

- Read Proverbs 5:15-19
- For every God-given desire we have a God-given solution.
- Looking outside will always limit the passion inside our marriage.
- Purity in the present positions us for the greatest satisfaction in the future

Explain: Solomon reminded his son that God had provided his wife for his sexual needs. Instead of neglecting what God had given, he should renew his gratitude and focus upon what God has blessed. In our culture today, we have reduced sex to simply being a physical act based upon feelings, that as long as it feels good, keep doing it. Yet, the satisfaction that God shares that occurs in sex that is different from the world is

intimacy. Intimacy through sex draws us closer together and ensures that each spouse's needs are met physically and emotionally, while pleasing the Lord!

Ask:

**Why do we struggle with understanding satisfaction from God's perspective?
How is it easy for us to compartmentalize sexual desire apart from God's plan?**

Why it is healthy for us to recognize sex as a God-given desire? How does that change the way that believers are to view sex?

5. Wisdom doesn't play the shame game.

- Read Proverbs 28:13
- Sex is Satan's easiest door to shame us.
- God doesn't often remove the giants in our lives; he strengthens us to slay them.

Explain: From the fall our sinful nature calls us to cover our sin. Yet because of the freedom that God gives us through Jesus Christ, we no longer have to live in that shame. The battle that we will continue to face will be with our desires that can lead us astray and the influences in this world that seek to pull us down. Lamentations 3 shows us how God's grace is new every day and can help us to move forward in God's plan for our lives!

Ask:

What is a way as a group that you can help each other remain sexually pure?

What are ways that you can be prepared to fight the battle of sexual temptation?

Encouragements:

Find a time this week to spend time in personal confession with the Lord for any sexual sin and then seek ways to make restoration with others.

You may have a sexual sin that you are personally struggling with, find someone this week either in your group or through Care Ministry so that you can receive accountability.